

Praise for
Home Ec for the Domestically Challenged

“This common sense guide to proper kitchen hygiene is a must-have for any first time cook. With pages of great tips and sensible advice, this book makes it feel as though mom is right in the kitchen guiding you as make that first home-cooked meal. Its format is easy to read and very straightforward. Author Peter Wright makes the book an easy read emphasizing important information with easy to relate to situations and humour. It's fun resource for anyone who wants to learn their way around the kitchen.”

Canadian Living, August 2004

“I found this book to be a witty, highly readable and informative guidebook for the culinary novice . . .”

Lesliebeck.com August 2004

“For anyone setting up a first apartment and taking on shopping, cleaning and cooking duties for the first time, Peter Wright’s book will be a great help.”

Chronicle Journal, August 2004

“*Home Ec for the Domestically Challenged* is a 188 page survival manual that demystifies shopping, storing food, cooking for company, kitchen safety and cleaning. . . he writes in a light, funny style and takes nothing for granted when it comes to the domestic world.”

Edmonton Sun, August 2004

“If you’ve endured too many nights of mac and cheese, check out *Home Ec for the Domestically Challenged*. It defines cooking terms, demystifies food labels and provides helpful planning and shopping tips.”

Memphis Parent, August 2004

Home Ec for the Domestically Challenged

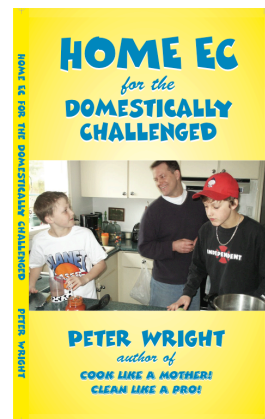
By Peter Wright

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Interviews on TV

Peter has provided ‘news you can use’ on TV stations across Canada

CFPL, London, June 2004

City TV, Toronto, June 2004

CHtv, Toronto/Hamilton, June 2004

CTV Thunder Bay, July 2004

CTV Winnipeg, July 2004

A-Channel Winnipeg, July 2004

CTV Regina, July 2004

CTV Saskatoon, July 2004

A-Channel Edmonton, August 2004

CTV Edmonton, August 2004

A-Channel Calgary, August 2004

Global Calgary, August 2004

CTV Edmonton, August 2004

Good Morning Canada, National, Aug 2004

And Radio

- CFRB, Toronto
- CJBK, London
- CJOB, Winnipeg
- CKOM, Saskatoon
- CBC, Ontario

For a review copy, additional information and/or to schedule an interview with the author, please call 866-261-4441 or peter@cooklikeamother.com